

Capannori: **The Heart of Zero Waste**

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Executive Director (AEHSP)

American**Health**Studies.org

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Capannori, Nov 21, 2010

- Since 1985, I have given nearly 3000 presentations on waste to communities in 54 countries, including
 - 49 states in the US,
 - 7 provinces in Canada,
 - 191 cities in Italy...

Paul Connett
ha parlato
in
191 città'



2010

2010 has been a very busy year for me!

Zero Waste: **Theory & Practice Around the World**

Paul Connett, PhD

Executive Director

**American Environmental Health
Studies Project (AEHSP)**

www.AmericanHealthStudies.org

pconnett@gmail.com

United Nations, Jan 12, 2010

Zero Waste: **A Key Stepping Stone to Sustainability**

Paul Connett, PhD

Executive Director

**American Environmental Health
Studies Project (AEHSP)**

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pconnett@gmail.com

United Nations, May 5, 2010



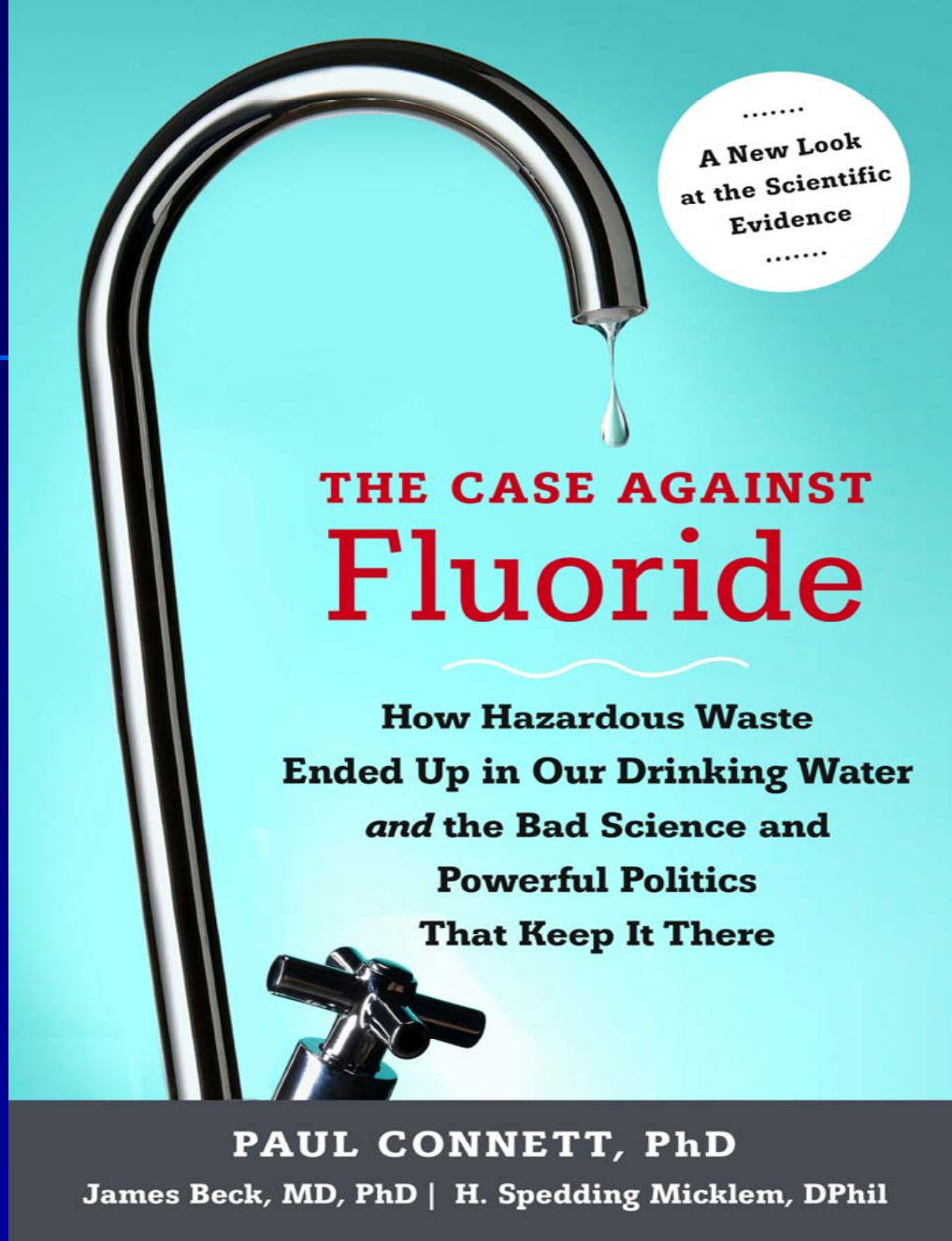
.....
**A New Look
at the Scientific
Evidence**
.....

THE CASE AGAINST Fluoride

**How Hazardous Waste
Ended Up in Our Drinking Water
and the Bad Science and
Powerful Politics
That Keep It There**

PAUL CONNETT, PhD

James Beck, MD, PhD | H. Spedding Micklem, DPhil



Book published
by Chelsea Green

October, 2010

Can be ordered
on Amazon.com

Meanwhile, see

FluorideAlert.org

for more information

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A New Look
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James Beck, MD, PhD | H. Spedding Micklem, DPhil

Brave New
Books,
Austin, Texas
Nov





Food, Zero Waste & Sustainability

Paul Connett, PhD

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European Parliament,
Brussels, Oct 28, 2010

A Sustainable Waste Strategy

Paul Connett, PhD

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pconnett@gmail.com

House of Commons,
London, Nov 2, 2010

Sustainability

- We would need **FOUR planets** if every one consumed as much as the average **American**
- We would need **TWO planets** if every one consumed as much as the average **European**
- Meanwhile, **India, China etc.** are copying our consumption patterns
- Something has got to change and **the best place to start is with waste**

A LINEAR SOCIETY

ENERGY

ENERGY

Extraction of
Virgin
Materials

Production of
Manufactured
items

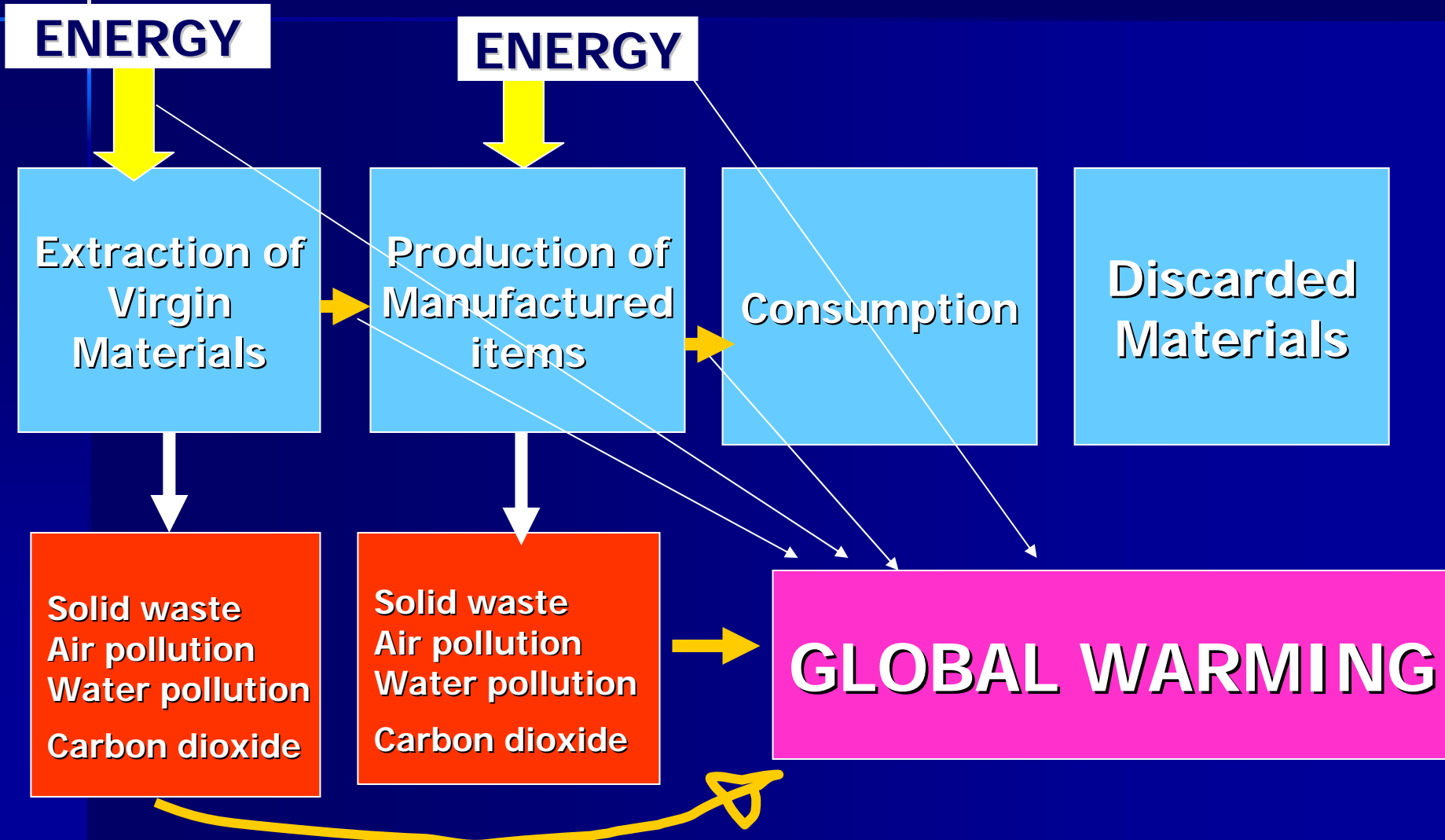
Consumption

Discarded
Materials

Solid waste
Air pollution
Water pollution
Carbon dioxide

Solid waste
Air pollution
Water pollution
Carbon dioxide

A LINEAR SOCIETY



LANDFILLS

ENERGY

ENERGY

Extraction of
Virgin
Materials

Production of
Manufactured
items

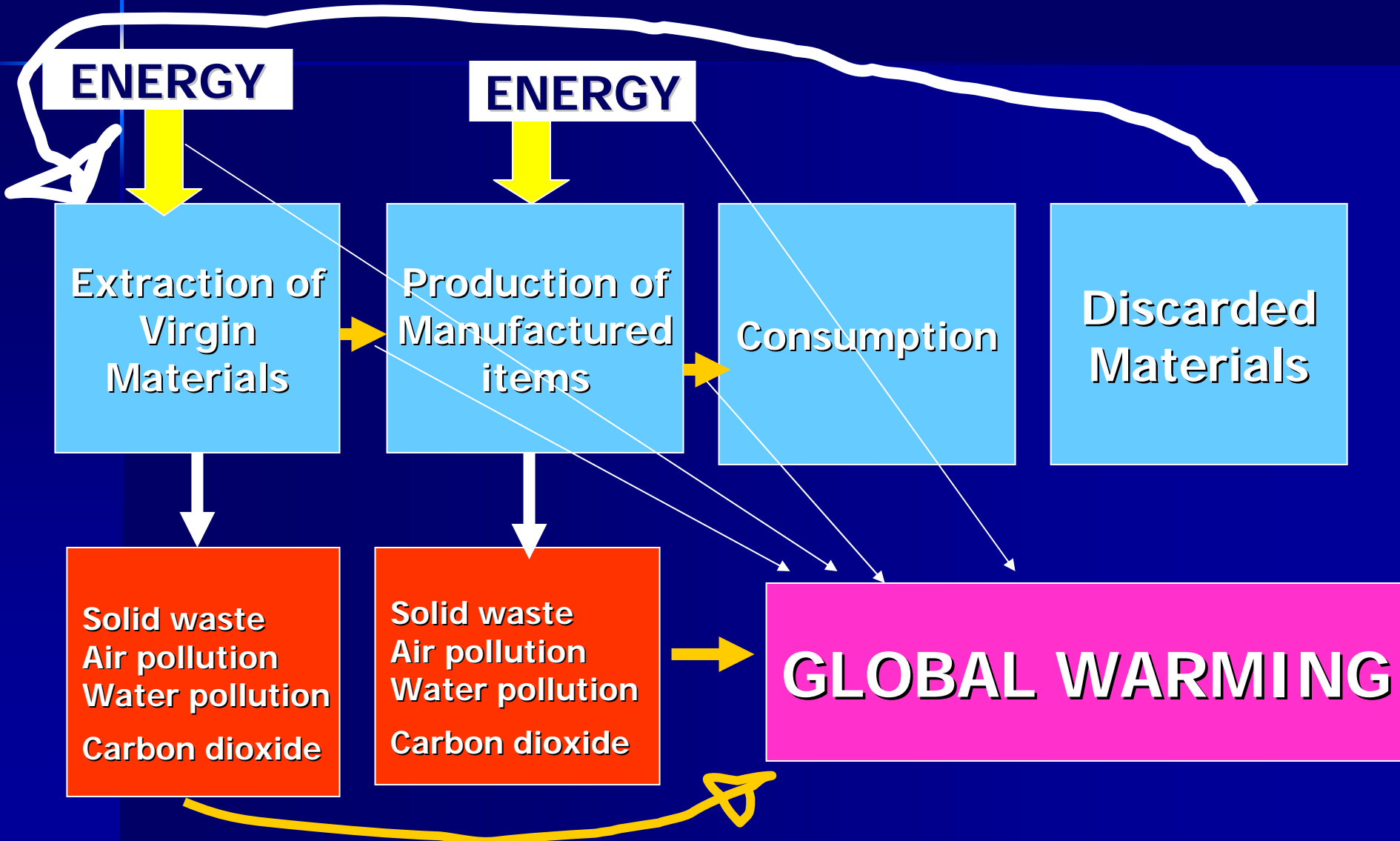
Consumption

Discarded
Materials

Solid waste
Air pollution
Water pollution
Carbon dioxide

Solid waste
Air pollution
Water pollution
Carbon dioxide

GLOBAL WARMING



INCINERATION

ENERGY

ENERGY

Extraction of
Virgin
Materials

Production of
Manufactured
items

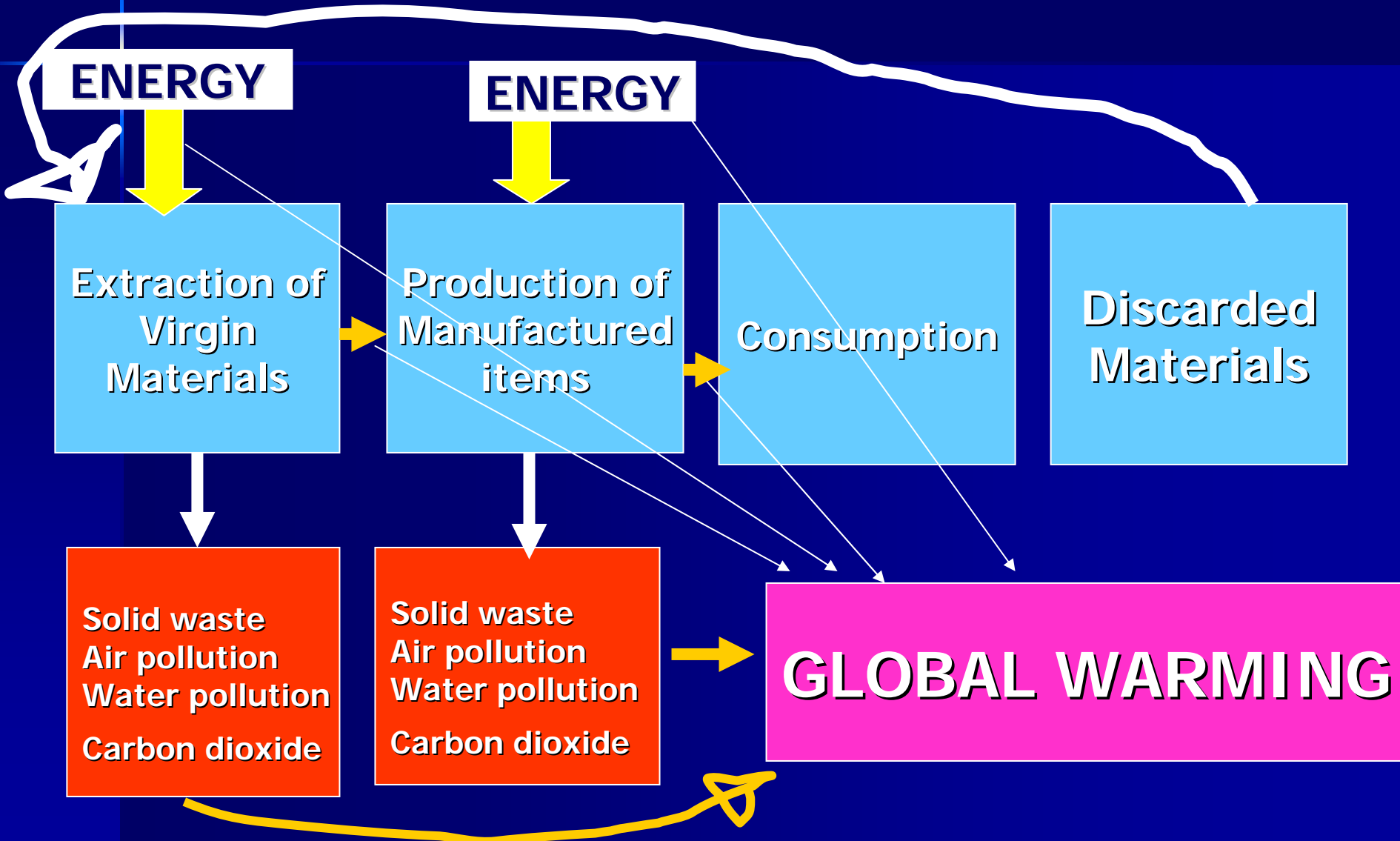
Consumption

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Materials

Solid waste
Air pollution
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Carbon dioxide

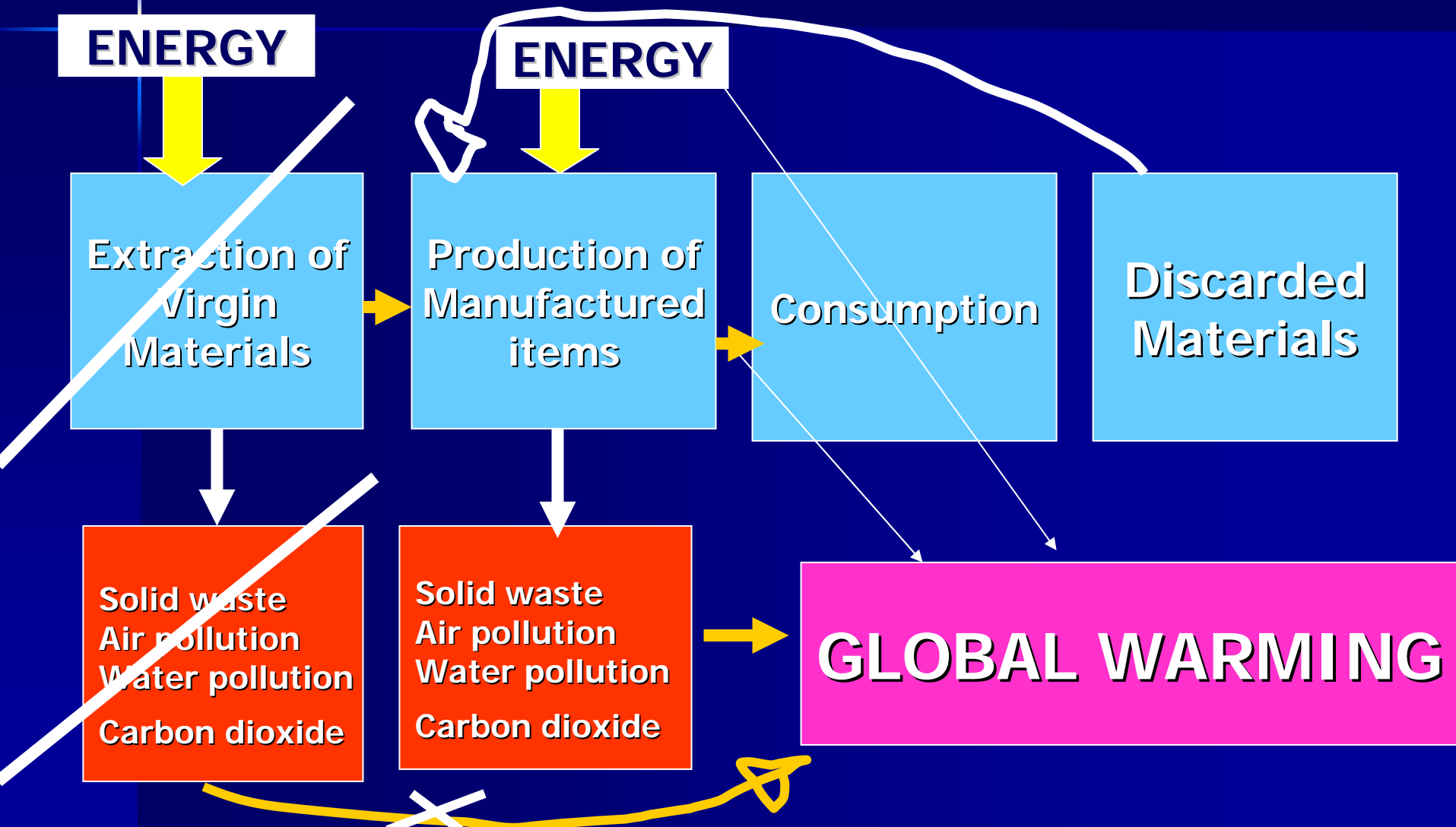
Solid waste
Air pollution
Water pollution
Carbon dioxide

GLOBAL WARMING



Both landfills and incinerators
represent business as usual –
NEITHER are sustainable

RECYCLING OF MATERIALS



REUSE OF OBJECTS

ENERGY

Extraction of
Virgin
Materials

ENERGY

Production of
Manufactured
Items

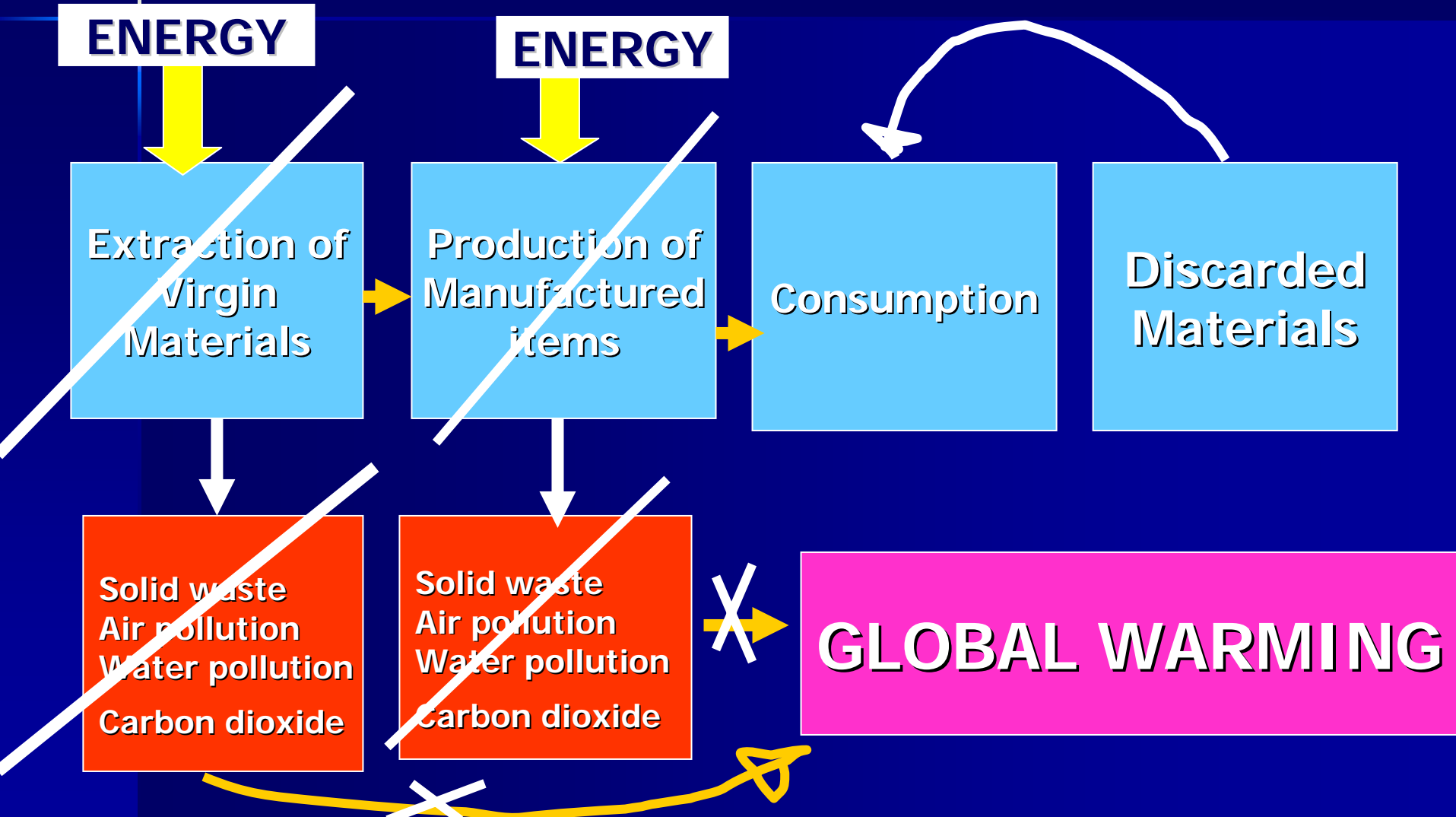
Consumption

Discarded
Materials

Solid waste
Air pollution
Water pollution
Carbon dioxide

Solid waste
Air pollution
Water pollution
Carbon dioxide

GLOBAL WARMING



COMPOSTING

ENERGY

ENERGY

Extraction of
Virgin
Materials

Production of
Manufactured
Items

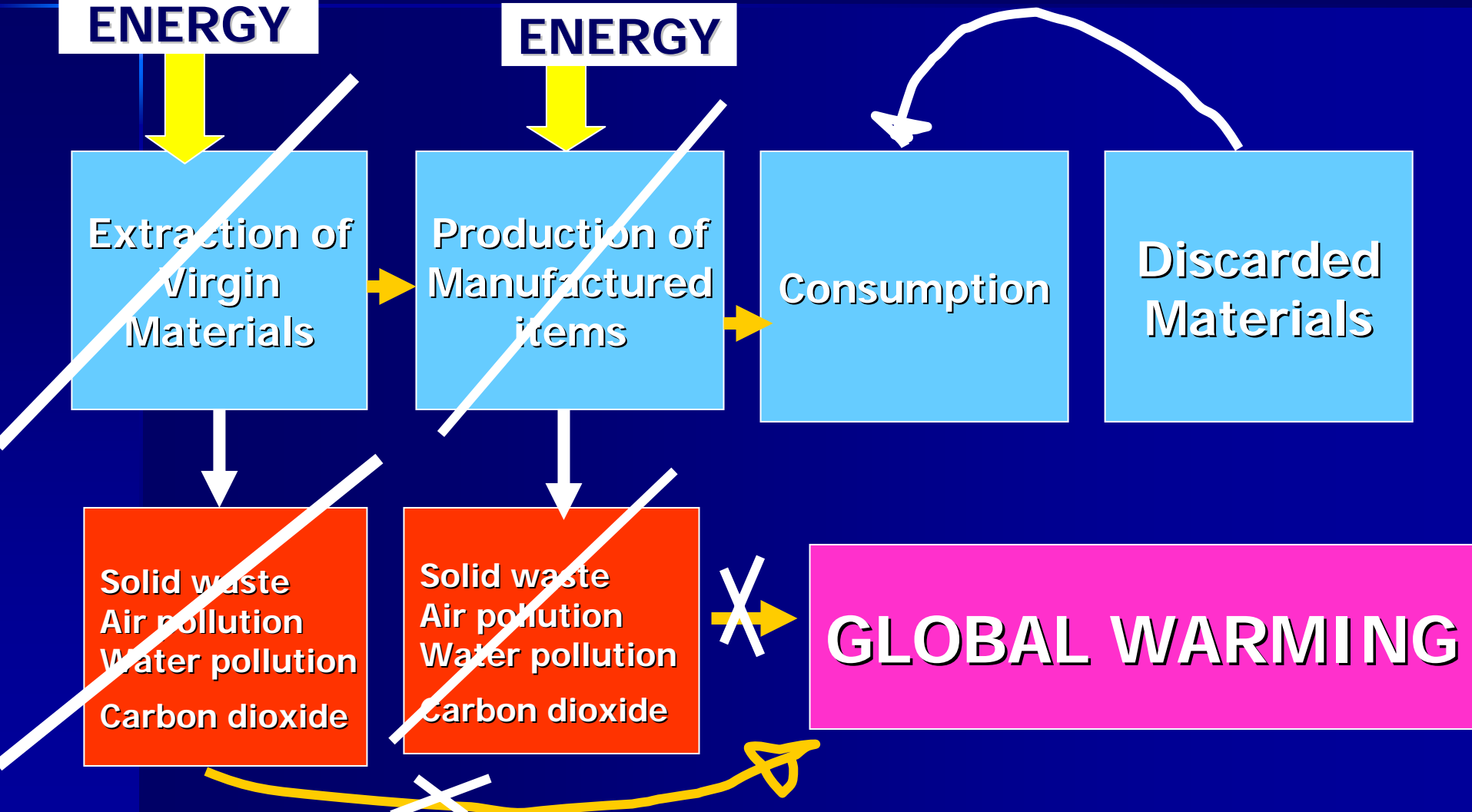
Consumption

Discarded
Materials

Solid waste
Air pollution
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Solid waste
Air pollution
Water pollution
Carbon dioxide

GLOBAL WARMING



COMPOST



The modern incinerator is attempting to perfect a bad idea

- Our task in the 21st Century is not to find better ways to destroy discarded materials
- But to stop making packaging and products that have to be destroyed!

The Waste problem will not be solved with better **technology**

- But with
- Better **organization**
- Better **education**
- and better **industrial design**

The ZERO WASTE 2020 strategy


Zero Waste can be approached with a series of simple steps

- which are
- Practical
- Cost effective and
- Politically acceptable

SUMMARY

10 steps to Zero Waste

Source Separation



**Source
Separation**

**Door to Door
Collection**

**Source
Separation**

**Door to Door
Collection**

Composting

Impianto di Compostaggio



Slide from Enzo Favoino

**Source
Separation**

```
graph TD; A[Source Separation] --- B[Recycling]; A --- C[Door to Door Collection]; A --- D[Composting];
```

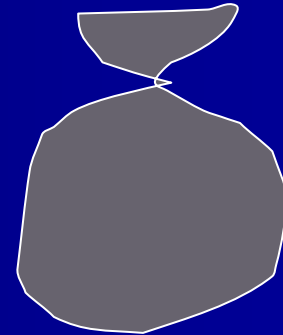
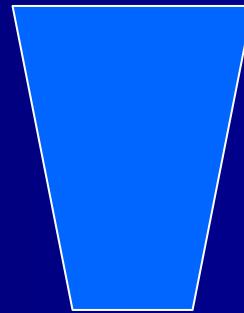
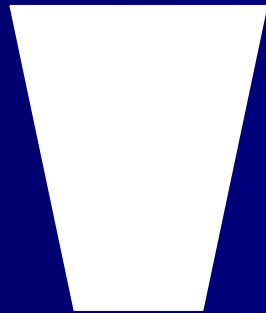
The diagram consists of four colored boxes with white borders on a dark blue background. A teal box at the top left is connected by a thin white line to a blue box below it. To the right of the teal box are two more boxes: a light blue one and a lime green one, both without connecting lines.

**Door to Door
Collection**

Composting

Recycling

I "Fantastici 4"



Capannori, Italia

Capannori

LUNEDI	ORGANICO	
MARTEDI	MULTIMATERIALE	
MERCOLEDI	CARTA	
GIOVEDI	FRAZIONE RESIDUA	
VENERDI	ORGANICO	
SABATO	MULTIMATERIALE	

**Source
Separation**

**Door to Door
Collection**

Composting

Recycling

**Reuse, Repair
& Community
Center**

**Source
Separation**

**Door to Door
Collection**

Composting

Recycling

**Reuse, Repair
& Community
Center**

**Waste
Reduction
Initiatives**

**Source
Separation**

**Door to Door
Collection**

Composting

Recycling

**Reuse, Repair
& Community
Center**

**Waste
Reduction
Initiatives**

**Economic
Incentives**

**Source
Separation**

**Door to Door
Collection**

Composting

Recycling

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**Waste
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**Residual
Separation &
Research
Center**

**Source
Separation**

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**Waste
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Incentives**

**Residual
Separation &
Research
Center**

**Better
Industrial
Design**

**Source
Separation**

**Door to Door
Collection**

Composting

Recycling

**Reuse, Repair
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**Waste
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**Economic
Incentives**

**Residual
Separation &
Research
Center**

**Better
Industrial
Design**

Temporary Landfill

**Source
Separation**

**Door to Door
Collection**

Composting

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**Better
Industrial
Design**

Temporary Landfill

2020

5. Reuse, Repair & Deconstruction

Value of Los Angeles discarded materials

Market Categories	%	Tons/Year	\$/ton	\$
1.Reuse Reusable items	2.0	72,000	550	39,600,000
2.Paper	22.0	792,000	20	15,840,000
3.Plant Debris	5.5	198,000	7	1,386,000
4.Putrescibles	17.0	612,000	7	4,284,000
5.Wood	4.0	144,000	8	1,152,000
6.Ceramics	13.0	468,000	4	1,872,000
7.Soils	10.0	360,000	7	2,520,000
8.Metals	4.0	144,000	40	5,760,000
9.Glass	2.0	72,000	10	720,000
10.Polymers	8.0	288,000	100	28,800,000
11.Textiles	2.0	72,000	20	1,440,000
12.Chemicals	0.5	18,000	15	270,000
No market (diapers, treated wood, mistakes)	10.0	360,000		0
TOTAL PER YEAR	100	3,600,000		\$103,644,000

Reuse, Repair & Deconstruction



Urban Ore, Berkeley, California



URBAN ORE ECOPARK





1. SALE IS COM
 2. A CASH REGISTE
 3. NO REFUNDS WI
 4. CASH REGISTER
- NO REFUNDS AF
PLEASE BE READ
YOUR CASH REG
UPON REQUIE







- Urban Ore operating for 30 years

- Grossing \$3 million per year
- 27 full-time well-paid jobs

VIDEOS ONLINE

- Examples of Reuse and Repair Centers from California, Vermont, Nova Scotia and Australia
- AmericanHealthStudies.org

Reuse, Repair, Research
& Community Center

Resource Recovery Park

Reuse, Repair, Research
& Community Center

Resource Recovery Park

Reuse, Repair, Research
& Community Center

Building deconstruction
businesses

Resource Recovery Park

Reuse, Repair, Research
& Community Center

Building deconstruction
businesses

Materials Recovery Facility
for both domestic waste and
commercial and non-
hazardous industrial waste

Resource Recovery Park

Reuse, Repair, Research
& Community Center

Building deconstruction
businesses

Materials Recovery Facility
for both domestic waste and
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hazardous industrial waste

Construction &
Demolition Waste
Recycling

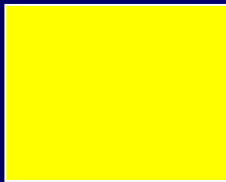
Resource Recovery Park

Reuse, Repair, Research
& Community Center

Building deconstruction
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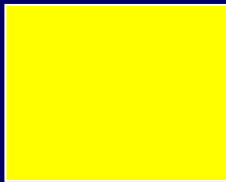
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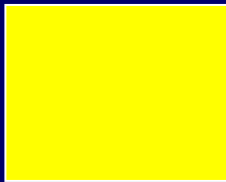
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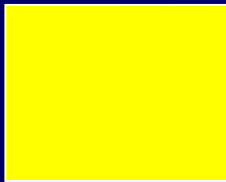
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Construction &
Demolition Waste
Recycling



Businesses using
recovered secondary
materials to make
new products

1

2

3

**Composting
Facility**

**Materials
Recovery
Facility**

**Residual
Fraction**

**Resource
Recovery
Park**

We have to minimize the residual fraction with...

- 1) Waste reduction initiatives
- 2) Economic incentives

6. Waste Reduction Initiatives

Ireland

- Government put a 15 cent tax on plastic shopping bags
- reduced use by 92% in one year!

Italy

In time collection of food
from supermarkets and
restaurants

Prof. Andrea Segre

Agriculture Dept.,

U. of Bologna

andrasegre@unibo.it

Italy

- Several supermarket chains are providing dispensers which allow customers to refill **shampoo** and **detergent** bottles...

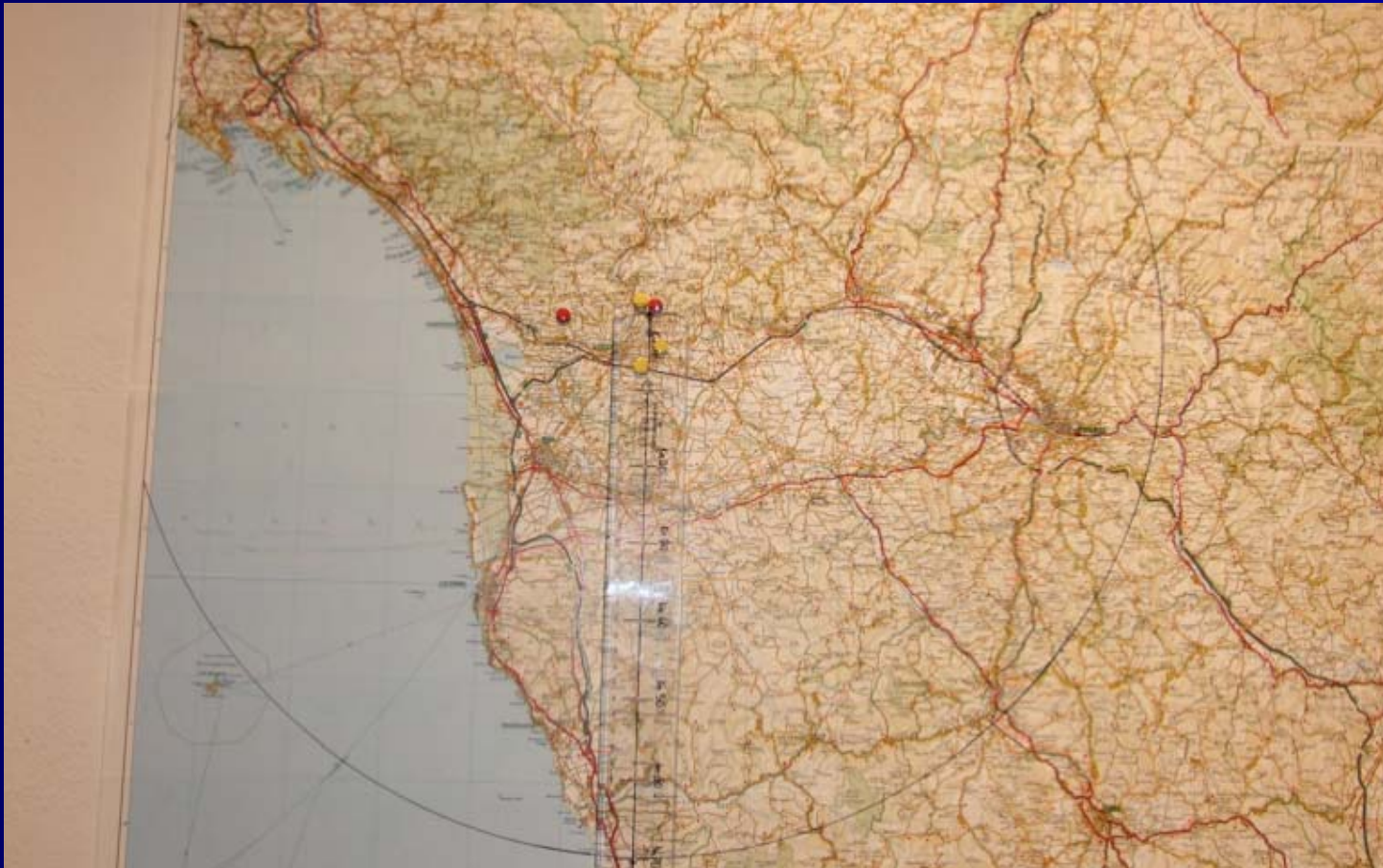
**Effecorta,
A food store in
Capannori,
Tuscany, Italy**



L'esperienza effecorta

www.effecorta.it

**95% of products come from within
70 km of store**



60 dispensing systems for solids



60 taps for liquids





No plastic used for shopping bags



•Un pizzico di
creatività a monte
può far risparmiare
milioni a valle

7. Economic Incentives

“Pay as you throw” system



“Pay as you throw” system

1

2

3

free

“Pay as you throw” system

1

2

3

free

free

“Pay as you throw” system

1

free

2

free

\$

**The more
you make,
the more
you pay!**

Italy

- Villafranco d'Asti
(Piedmont, population = 30,000) has reached 85% diversion (Roberto Cavallo)

Spain

- Usurbil in Basque Country
- Has gone from 28% to 86% in 7 months

“Save as you throw” system

1

2

3

“Save as you throw” system

1

2

3

free

“Save as you throw” system

1

2

3

free

free

"Save as you throw" system

1

free

2

free

\$

**The less
you make,
the more
you save!**

1

2

\$

Waste
Reduction
Initiatives

Composting
Facility

Materials
Recovery
Facility

Residuals
?



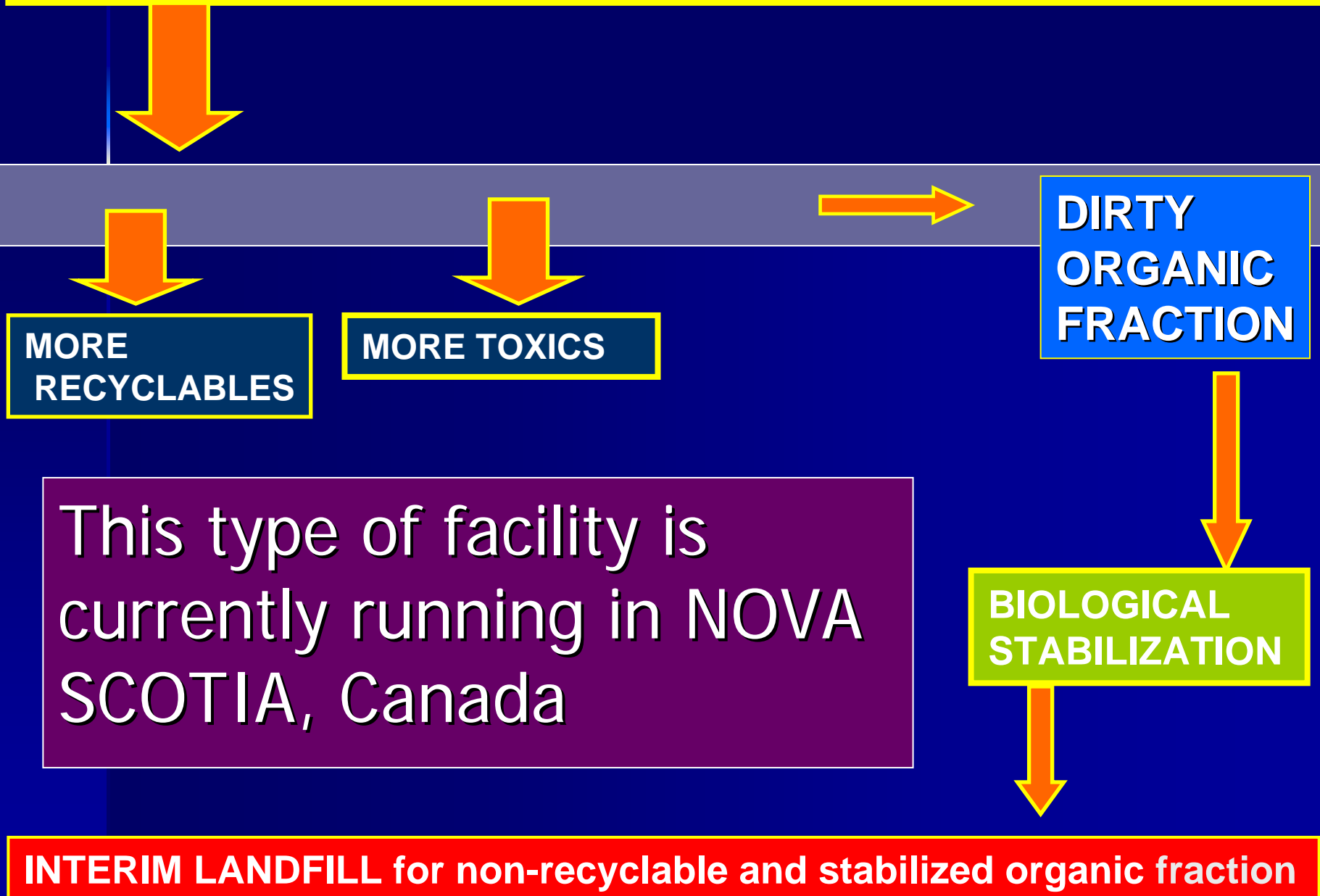
Reuse & Repair
& Deconstruction

8. Residual Separation & Research Facility

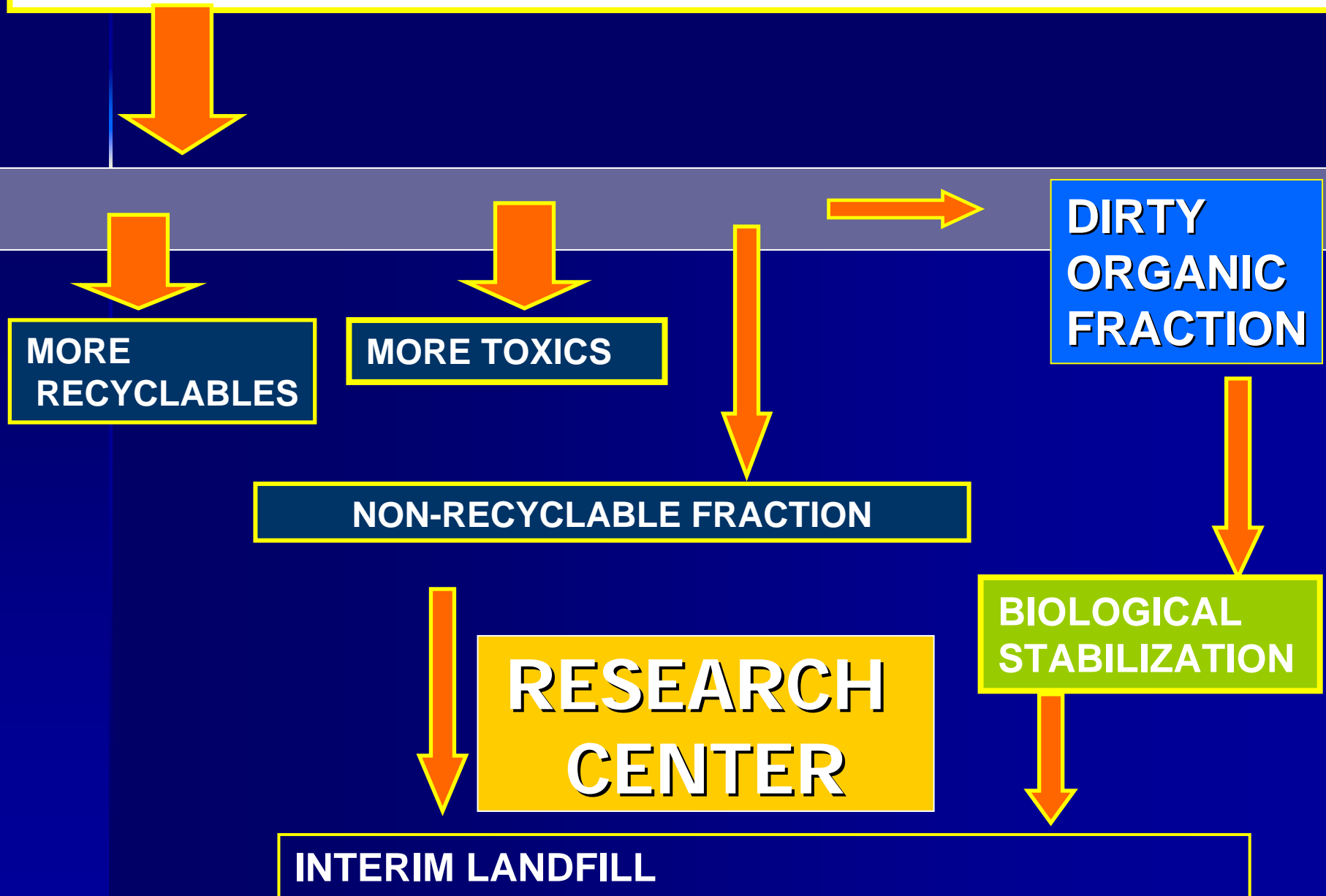
RESIDUAL SEPARATION & RESEARCH FACILITY

- 1. Built at entrance to landfill
- 2. No material can enter landfill without it being separated and screened
- 3. More material recycled
- 4. Toxics removed and identified
- 5. Dirty organics biologically stabilized
- 6. Non-recyclable materials STUDIED

RESIDUAL SCREENING FACILITY



RESIDUAL SCREENING & RESEARCH FACILITY



NON-RECYCABLE MATERIALS

**Local
University**

**Or
Technical College**

**ZERO WASTE
RESEARCH CENTER**

Zero Waste Research Center

- TASKS:
- Improve capture rate of recyclables etc.
- Collect best practices on waste avoidance/reduction measures
- Develop local uses for some materials
- Recommend better industrial designs to industry on packaging and products

The Message to Industry:

- If we can't reuse it, recycle it or compost it,
- Industry shouldn't be making it
- We need better industrial design for the 21st Century

**Zero Waste Research
Center** started in
Capannori, Italy Jan 23,
2010

FRAZIONE RESIDUA - Capannori Porta a Porta

1.	Tessili e cuolo	16.52 %
2.	Pannolini	13.95 %
3.	Materiale organico da cucina	10.56 %
4.	Altra plastica: non imballo	9.98 %
5.	Imballaggi cellulosici poliaccoppiati	8.05 %
6.	Imballaggi poliaccoppiati in plastica	7.45 %
7.	Imballaggi flessibili in plastica	6.81 %
8.	Materiale organico da giardino	4.64 %
9.	Imballaggi rigidi in plastica (non bottiglie)	3.23 %
10	Giornali (quotidiani e riviste)	2.54 %

FRAZIONE RESIDUA — Capannori

1.	Tessili e cuoio	16.52 %
2.	Pannolini	13.95 %
3.	Materiale organico da cucina	10.56 %
4.	<p>Questa e' l'analisi del 17% che rimane dopo la separazione dell' 83% del materiale raccolto porta a porta</p>	
5.		
6.		
7.		
8.		
9.		
10		



9. Better Industrial Design

10. An interim landfill
for biologically
stabilized dirty organic
fraction

70 - 80%

COMMUNITY RESPONSIBILITY

Residual
Separation &
Research
Facility

Better
Industrial
Design

INTERIM LANDFILL

2020

70-80%

COMMUNITY RESPONSIBILITY

20-30%

**INDUSTRIAL
RESPONSIBILITY**

INTERIM LANDFILL

2020

Industrial Responsibility

1. Design for sustainability
2. Clean production
3. Extended Producer Responsibility (EPR)

4. Progress towards Zero Waste around the world

NEW ZEALAND

Over 70%
of communities
have declared
a Zero Waste
strategy



San Francisco

- Population = 850,000
- Very little space
- 50% waste diverted by 2000
- 63% waste diverted by 2004
- 70% waste diverted by 2008
- 72% waste diverted by 2009
- 75% waste diverted by 2010
- GOAL: 100% by 2020 (or very close!)

Nova Scotia, Canada (video)

- 50% diversion in 5 years (1995-2000).
(Halifax ~ 60%)
- 1000 jobs created collecting and treating discarded materials
- Another 2000 jobs created in the industries handling the collected material
- Nearly all the separated materials are re-used in Nova Scotia's own industries.

Italy

- Over 2000 communities in Italy are achieving over 50% diversion using “door to door” collection systems
- Over 200 communities achieving over 70% diversion

Italy

- **Novara** - (a city near Turin, population = 100,000) achieved **70% diversion** in just **18 months!**

Italy

- Salerno (near Naples, pop 145,000) 18% to 72% diversion in one year!

Italy

- Villafranco d'Asti
(Piedmont, population = 30,000) has reached 85% diversion

Spain

- Usurbil in Basque Country
- Has gone from 28% to 86%
in 7 months

Belgium

**In Flanders they have
achieved 75% diversion
with reuse, recycling,
composting etc – VERY
CREATIVE programs**

Conclusions

- We do not need mega-landfills or incinerators!
- There is a better alternative
- The **ZERO WASTE** strategy is
- Better for our health (LESS TOXICS)
- Better for the economy,
- Better for our children, and
- Better for the planet (MORE SUSTAINABLE)!

To fight over-consumption

**We need to swap a life built
around acquiring a series of
objects...**

**To a life built around a series
of expanding human
relationships**

In the 1960's

**“Make Love,
Not War”**

In the 2000's

**“Make Love,
Not Waste”**

In the 2000's

**“Make Friends,
Not Waste”**